



Winter / Spring 2019 * January 14 – June 15, 2019

LAP SWIM

Monday/Wednesday/Friday 6:30am–11:00am

Saturday (Starting March 23, 2019) 12:00pm–3:00pm

***Limited lap lanes available; sharing is required and appreciated.*

RECREATION SWIM/CHILDREN'S POOL –

Starting March 23, 2019

Mon/Wed/Fri (3/25–5/17) 1:30pm–3:30pm

Mon/Wed/Fri (5/20–6/14) 12:30pm–3:30pm

Saturday (3/23–6/15) 12:00pm–3:00pm

Holiday Hours

Monday, May 27 12:00pm–3:00pm

FACILITY ADMISSION

Adults (16 & older) \$4.00

Child/Disabled/Senior \$2.00



DISCOUNT PASS FEES

Adults (16 & older) \$85.00/ 30 swims

\$30.00/ 10 swims

Child/Disabled/Senior \$40.00/ 30 swims

\$15.00/ 10 swims

- Passes expire one year from the date of issue and can be used at any City Pool
- All persons entering the facility during Recreation and Lap Swim times **MUST** pay the admission fee and wear proper swim attire at all times. **No re-entry is allowed.**
- Specific lanes/areas will be designated for Lap & Recreational swimming, however, the pool may be utilized for other programs during designated Lap/Recreational swim times
- A paying parent or responsible adult in a swimsuit must accompany children under 7 years of age or less than four feet tall. While in the water, a parent or responsible adult must remain within arm's reach of the child
- The City of San Diego Swimming Pools may close without notice during inclement weather conditions.

RENTALS: All City Pools are available to rent for exclusive or shared use. For more information, please contact the Pool Manager.

SAFETY CHECKS: There may be ten-minute safety checks conducted every half hour or every hour during Recreational Swim hours.

EMERGENCY TESTING: All City pool personnel are subject to emergency testing at any time. Patron patience and cooperation during these drills are greatly appreciated.

**All City of San Diego Parks, Pools and
Beaches are Smoke Free.**



YOUTH SWIM TEAM (ages 6–17)



\$27.00/Month (Fees are due at the beginning of each month)

Successful completion of Competitive Skills or Pool Manager's/Coach's approval. *Starts February 1, 2019*

February

White & Silver Mon./Wed./Fri. 5:00pm–6:00pm

March & April

White Tue. & Thu. 5:45pm–6:45pm

Silver Mon. & Wed. 5:00pm–6:00pm

White & Silver Friday 5:00pm–6:00pm

May & June

White Mon./Wed./Fri. 4:30pm–5:30pm

Silver Mon./Wed./Fri. 5:30pm–6:30pm



YOUTH WATER POLO (ages 9–17)



\$27.00/Month (Fees are due at the beginning of each month)

Participants must be able to swim 200 yards continuously and tread water for one minute. *Starts March 5, 2019*

March & April

Tuesday 5:45pm–6:45pm

Thursday 5:45pm–7:45pm

May & June

Mon./Wed./Thu. 6:30pm–7:30pm

WATER FITNESS

Aquatic Body Conditioning (ABC)

Class conducted in shallow water, participants do not need to know how to swim.

Monday/Wednesday/Friday 9:15am–10:15am

Adults/Seniors \$3.50/class

DISCOUNT PASS \$30.00/10 classes

POOL CLOSED the following Holidays, Tournaments and Trainings: January 21; February 18; April 1, May 3, 4, & 11; June 8, 2019. Saturdays, January 19–March 16, 2019 and Sundays.

Please visit our other City Pools during the closure period. Most of the City Pools offer a variety of programs and times for Lap/Recreational Swims.

To view a listing of programs, locations and closure periods of all City of San Diego's Swimming Pools visit:

<http://www.sandiego.gov/park-and-recreation/centers/aquatics/index.shtml>

All Aquatic Programs, Schedules and Fees may change due to enrollment and/or be cancelled without notice.

ON LINE REGISTRATION

Online and Walk-in registration opens at **12:00 p.m.** on the registration dates listed next to the session dates. **To view class times and to create an account log on to the registration site [SDRecConnect](#).**

Prior to registering, all returning participants will need to confirm with pool staff to ensure the correct prerequisite skills are listed on their [SDRecConnect](#) account. Otherwise ActiveNet will not allow you to register for any upper level lessons. If this is the first time registering for lessons with the City of San Diego you will need to contact pool staff to schedule a participant assessment and help create an [SDRecConnect](#) account.

Pool staff is available to provide assistance with all on-line and walk-in registration concerns. Please call prior to registration day.

REGISTRATION OPENS AT 12:00PM (NOON)

Mon/Wed	8/40 minute classes	\$54.00/\$81.00
Tues/Thurs	8/40 minute classes	\$54.00/\$81.00

NO Class Mon., April 1st

Class Times	4:00-4:40pm	4:45-5:25pm	5:30-6:10pm
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Session	Session Dates	Registration Dates
Spring 1 (M/W)	March 4 - 27	Saturday, March 2
Spring A (T/TH)	March 5 - 28	Saturday, March 2
Spring 2 (M/W)	April 3 - 24	Saturday, March 30
Spring B (T/TH)	April 2 - 25	Saturday, March 30
Spring 3 (M/W)	Apr. 29-May 22	Saturday, April 27
Spring C (T/TH)	Apr. 30-May 23	Saturday, April 27

LIFEGUARDING CLASSES

The Winter Aquatic Vocational Education (W.A.V.E) and (S.A.V.E) Spring Aquatic Vocational Education Programs offers individuals and opportunity to participate in a Lifeguard Training Course offered at an affordable cost. The Program is limited to 30 participants. Attendance at all scheduled classes is mandatory. Upon successful completion of this course, candidates are required to complete at least 30 hours of volunteer work at an authorized aquatic facility. **Please contact the Pool manager to receive more information.**

Cost: \$85.00

(\$50.00 class fee and \$35.00 Red Cross certification)



S.A.V.E PROGRAM

Memorial Park Pool

Saturdays & Sundays February 2-March 3, 2019

Tryouts @ 9:00am @ Martin L. King Pool

(619)527-3451



REFUND / CLASS CANCELLATION POLICY

There are **NO REFUNDS**. Full refunds will only be granted only if class is cancelled by the Pool Manager.

Aquatic Programs are run assuming minimum numbers are met. If registration does not meet the stated minimum, the program will be cancelled. In this case, you will be notified and staff will try to find another class that will meet your needs or you will receive a **FULL REFUND**.

ADAPTIVE AQUATICS

Instructional classes designed for individuals with disabilities, ages four and older, by teaching each student based on their abilities; and when possible, transition participants into regularly scheduled group lessons. As part of the transition process, the aquatics department also offers inclusion support for those who are able to participate in the regular scheduled group lessons. **Please contact the following pools for more information.**

Carmel Valley (858)552-1623	Kearny Mesa (858)573-1389	Memorial (619)235-1139
Ned Baumer (858)538-8083	City Heights (619)641-6126	Vista Terrace (619)424-0469

- It is important to enroll your child in the correct class; necessary transfers may result in the change of class days and times.
- **To ensure your child is enrolled in the correct level please contact pool staff on class prerequisites and class assessment.**
- An appropriate swimsuit is required at all times. Swim diapers are required for children under 4 years old regardless of toilet training.
- If you have a child under the age of 7, a parent or responsible adult must remain in the spectator area at all times, during swimming lessons and swim team practice.
- Patrons are not permitted to swim in the pool if they are suffering from an illness that causes diarrhea or have had diarrhea in the past two weeks. You can spread germs in the water and make other people sick.

VOLUNTEERS NEEDED!

Ongoing opportunities are available at the recreation centers, pool and regional parks throughout the City, as well as with senior and therapeutic recreation programs.

If you would like to volunteer, please see staff for more information, contact the Volunteer Office at (619)533-4017 or visit <http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml>

DONATIONS:

By donating to our park system, you can help the park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director, CPII Division, (619)525-8235

As a recipient of federal funds, the city of San Diego cannot discriminate against anyone on the basis of race, color, creed, sex, age, national origin or ancestry, religion, pregnancy, physical or mental disability, veteran status, marital status, medical condition, gender (transsexual and transgender), sexual orientation, as well as any other category protected by federal, state or local laws. If anyone believes, he or she has been discriminated against, he or she may file a complaint alleging the discrimination with the City of San Diego Park and Recreation Department (contact Deputy Director (619) 525-8235) or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, D.C. 20240. This information is available in alternative formats upon request.